

## SACRED HEART CATHEDRAL

1, Ashok Place, New Delhi - 110001 ☎ 23363593/23347304



sacredheartcathedralnewdelhi@gmail.com

CONNECT WITH US



www.facebook.com/Sacred-Heart-Cathedral-New-Delhi



www.sacredheartcathedraldelhi.org



## Message by Parish Priest



Dear Friends,

Today's readings challenge us to avoid Job's pessimistic and desperate view of life as a chain of pain and sufferings and to accept life with hope and optimism as a precious gift from God, using it to do good for others and spending our time, talents and lives for others as Jesus did and as St. Paul did.

While the Gospel presents Jesus enthusiastically living out his Sabbath day of preaching and healing ministry, the first reading details Job's frustrations in striking contrast: Job complains of the tedium and futility of life and the miseries of human existence. But eventually, his eyes opened by God, Job surrenders himself, his suffering, his work and everything he had had and lost to God's greater wisdom (Job 42:1-6). Job's miseries also marked the condition of the people who came to Jesus for healing. Jesus overturns the human condition, bringing hope and healing -- then and now. The second reading reveals Paul to us as a true, dynamic follower of Jesus, moved as Jesus was by concern for the lost which led him to preach the Gospel without cost to the people, and to serve them as their slave with Jesus' love and fidelity. Pointing out the spontaneous response of Peter's mother-in-law after she had been healed by Jesus, today's Gospel teaches us that true discipleship means giving selfless, loving service to others. Mark shows us a typical Sabbath day in Jesus' ministry: taking part in the synagogue worship, teaching with authority, exorcising a demon, healing Simon's mother-in-law and, after sundown, curing "many who were sick with various diseases, and [driving] out many demons" — a full day and evening of selfless ministry. Yet, Jesus rises early the next morning and goes off "to a deserted place" to pray, in order to assess his work before God his Father and to recharge his spiritual batteries.

1) We need to be instruments for Jesus' healing work. Bringing healing and wholeness is Jesus' ministry even today. We all need healing for our minds, our memories, and our broken relationships, and now Jesus is also using counselors, doctors, friends, or even strangers in his healing ministry. Let us ask for the ordinary healing we need in our own lives. When we are healed, let us not forget to thank Jesus for his goodness, mercy, and compassion by turning to serve others. Our own healing process is completed only when we are ready to help others in their needs and to focus on things outside ourselves. Let us also be instruments for Jesus' healing by visiting the sick and praying for their healing. But let us remember that we need the Lord's strength not only to make ourselves and others well, but to make us and others whole. 2) We need to live for others as Jesus did: Jesus was a man for others, sharing what he had with others. In his life there was time for prayer, time for healing, and time for reconciliation. Let us take up this challenge by sharing love, mercy, compassion and forgiveness with others. Instead of considering life as dull and pointless, let us live our lives as Jesus did, full of dynamism and zeal for the glory of God.

## Parish Priest

Fr. Lawrence PR

## Asst. Parish Priests

Fr. Shinil Jacob

Fr. Arockiya Raj

Fr. J. John Britto

## Mass Timings

## Saturdays

6.00 pm (Eng)

Anticipated Mass

## Sundays

7.30 am - Malayalam

9.00 am - English

10.30 am - Hindi

11.45 am - English

4.00 pm - Hindi

6.00 pm - English

## Weekdays

6.30 am - English

1.00 pm - English

6.00 pm - English

## Celebrants

English 9:00am

Msgr. Susai S.

Hindi 10:30am

Fr. Alphonse S.

English 11:45am

Fr. Britto

Hindi 4:00 pm

Fr. Nicholas

English 6:00 pm

Fr. Bijay

# ((( SUNDAY READINGS & REFLECTION )))

## 1st Reading: Job 7:1-4, 6-7

As Job speaks his words turn into a lament about his physical and spiritual condition.

## Response Ps 147

Praise the Lord who heals the brokenhearted.

## 2nd Reading: 1 Corinthians 9:16-19, 22-23

Paul has the ability to preach the gospel but does not want to boast about it.

## Gospel: Mk 1:29-39

This passage depicts a typical day in the life of Jesus in which he heals people with illness like fever and mental illness and demonic possession.

## Prayers of the Faithful:

Lord, hear our prayer.

## पहला पाठ: नबी योब का ग्रंथ 7:1-4. 6-7

मनुष्य दुःख-तकलीफ की समस्या नहीं हल कर सकता है। योब चारों ओर से विपत्तियों से घिर कर अपने भाग्य पर विलाप करता है और अन्त में ईश्वर की सहायता माँगता है।

## अनुवाक्य: स्तोत्र 146

प्रभु की स्तुति करो। वह दुःखियों को दिलासा देता है।

## दूसरा पाठ: 1 कुरिंथियों 9:16-19, 22-23

संत पौलुस येशु मसीह के भक्त थे। वह मसीह की तरह अपने भाइयों की सेवा करते रहे। वह सबों के दास बन गये, क्योंकि उनके प्रभु भी अपनी सेवा कराने नहीं, बल्कि दूसरों की सेवा करने आये थे।

## सुसमाचार: सन्त मारकुस 1:29-39

येशु बीमारों को स्वस्थ तथा अपदूतग्रस्तों को मुक्त करते हुए उनके प्रति ईश्वर का प्रेम व्यक्त करते हैं। साथ-साथ वे अपने शिष्यों का विश्वास दुढ़ करते हैं, जो बाद में दूसरे देशों में भी उसके सुसमाचार का प्रचार करेंगे।

## विश्वासियों के निवेदन

हे पिता, हमारी प्रार्थना सुन।

## REFLECTION

In Today's Gospel we continue to learn more about the ministry of Jesus. Jesus cured Simon's mother-in-law, and she immediately began to serve Jesus and his disciples. Jesus also cured many others who were brought to him, healing their illnesses and driving out demons. As we will see throughout Mark's Gospel, Jesus did not permit the demons to speak because they knew his identity and would have revealed it to those who were present.

On the morning after this busy day, Jesus retreated in prayer, but was pursued by Simon and others who brought news that many people were looking for him. At this point in Mark's Gospel, we begin to see a distinct role for the inner circle of Jesus' disciples—they act as intermediaries between Jesus and the people. Jesus reports to his disciples that they need to leave Capernaum to preach in other places.

Today's Gospel completes a picture of Jesus' ministry: preaching, curing the sick, driving out demons, and then moving on to continue this work in another place. Mark's Gospel tells us that Jesus did this throughout Galilee.

Jesus' compassion and healing of the sick is a sign of the Kingdom of God. The Church continues to extend Christ's healing presence to others in its ministry to the sick. In the Sacrament of the Anointing of the Sick, the Church prays for spiritual and physical healing, forgiveness of sins, and comfort for those who are suffering from illness.

In today's Gospel we also notice the importance of prayer in Jesus' daily life. Jesus rose early in the morning, removed himself from the crowds, and went to a deserted place to pray. When the disciples found him, he told them that it was time to move on. We believe that in his prayers Jesus found guidance and direction from God. May we too take everything to God in Prayer and may prayer direct our lives.

# CHURCH NOTICES

## CHURCH NOTICES – 7-02-2021

1. We have stopped the online registration for the Mass in Cathedral. You are kindly requested to maintain physical distance and wear mask when you come for the Holy Mass.
2. 14<sup>th</sup> of February is celebrated as “**Missionary Childhood Sunday**”. We remember and pray for all the children that they may all be strengthened in faith. There will be a second collection next Sunday towards the Holy Childhood Society Fund. Kindly collect the envelopes and contribute for the welfare of children in need.
3. **Marriage Banns:** Mr. Ashish Wilson Charley S/o Mr. Wilson Charley and Mrs. Neelam Wilson Charley R/o Flat 52 Type III, North West Moti Bagh, New Delhi, a registered member of this parish intends to marry Ms. Margaret Joseph, D/o Mr. Joseph Sylvester and Mrs. Reena Joseph, R/o EA 6 T, Inderpuri, New Delhi, a member of St. Michael's Parish. This is the third bann. If there is any impediment to this proposed marriage, kindly inform the parish priest.

Fr. Lawrence PR  
Parish Priest

## READINGS OF THE WEEK

08 Mon: Gen: 1:1-19/ Ps 104/ Mk 6:53-56

09 Tue: Gen 1:20-2:4/ Ps 8/ Mk 7:1-13

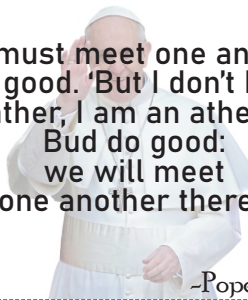
10 Wed: Gen 2:4-9, 15-17/ Ps 104/ Mk 7:14-23

11 Thu: Gen 2:18-25/ Ps 128/ Mk 7:24-30

12 Fri: Gen 3:1-8/ Ps 32/ Mk 7:31-37

13 Sat: Gen 3:9-24/ Ps 90/ Mk 8:1-10

We must meet one another  
doing good. 'But I don't believe,  
Father, I am an atheist!'  
Bud do good:  
we will meet  
one another there."



-Pope Francis-

**Congratulations  
Your Grace  
on your  
40th Ordination  
Anniversary  
(8th Feb)**



## FEASTS OF THE WEEK

08 Mon: Sts Jerome Emiliani & Joseph Bakhita

09 Tue: St Tello

10 Wed: St Scholastica

11 Thu: Our Lady of Lourdes

12 Fri: St Julian the Hospitaller

13 Sat: St Catherine of Ricci



***For those who  
would like to pay  
Church Support Fund  
or other contributions  
through online may kindly  
do so in the following  
account.***

**ACCOUNT NAME:**

**SACRED HEART CATHEDRAL**

**ACCOUNT NUMBER:**

**020500563450190001**

**IFSC CODE:**

**CSBK0000205**

**BANK:**

**CATHOLIC SYRIAN BANK**

**CONNAUGHT CIRCUS, NEW DELHI**

**Kindly note:**

**After transferring the payment, kindly send the following  
details through SMS/ WhatsApp/ E-mail**

**1) Name, 2) Parish Membership Number**

**3) Amount transferred, 4) Details of payment**

**(Indicate the months for which the CSF payment has been made)**

**Parish E-mail ID: [sacredheartcathedralnewdelhi@gmail.com](mailto:sacredheartcathedralnewdelhi@gmail.com)**



“प्रभु! हम किसके पास जायें!  
आपके ही शब्दों में अनंत जीवन का सन्देश है।”  
योहान 6:68

हे प्रभु, तू हमारे लिए क्रूस पर  
मर गया ताकि हमें जीवन  
प्राप्त हो और परिपूर्ण जीवन  
प्राप्त हो। हम अपने पापों को  
स्वीकारते और स्वयं को तेरे  
चरणों में सौंपते हुए तेरी दया  
की भीख मांगते हैं। प्रभु हमारी  
रक्षा कर कि हम कोविड-19  
महामारी से नष्ट न हो जाएं।  
तेरी असीम दया और प्रेम पर  
ही हमारा भरोसा है।  
आमेन

“Lord, to whom shall we go? you  
have the words of eternal life.”  
John 6:68

**Lord Jesus, you died for  
us that we may have life  
and have it in all its  
fullness. We surrender  
our lives to you  
confessing our sins and  
begging for your mercy.  
Save us Lord from this  
terrible COVID-19  
pandemic lest we perish.  
We trust in your infinite  
kindness and love.  
Amen.**